

**Multi-Omics Microbiome Study: Pregnancy Initiative (MOMS-PI)**  
**Protocols for 1<sup>st</sup> Proof-of-Principle Data Snapshot**

Marker Paper:

The Integrative HMP (iHMP) Research Network Consortium. The Integrative Human Microbiome Project: Dynamic Analysis of Microbiome-Host Omics Profiles during Periods of Human Health and Disease. *Cell and Host Microbe*. (2014).

<http://dx.doi.org/10.1016/j.chom.2014.08.014>

Data Use Policy:

<http://hmp2.org/datapolicy.html>

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# New OB: Sample kit

## Sampling Kit Contents

- Forms**
- Consent
  - Initial Health History Questionnaire (Tablet)
  - Dietary Assessment
  - RAMS Registry contact form
  - Initial visit brochure
  - RAMS Registry brochure
  - Sample collection form

- Other**
- 1 blue sample collection bag
  - Flip top 50 ml conical (for saline)
  - 15 ml Sterile saline
  - 1 clear bag with vaginal pH applicator and pen (to circle vaginal pH results)
  - 1 clear bag with 2 purple blood vials and a clear biohazard bag

- Swabs**
- 1-2 double tipped cheek
  - 3-4 double tipped cheek
  - 5-6 double tipped nostril
  - 7-8 double tipped inside elbow
  - 9-10 double tipped vaginal
  - 11-12 double tipped vaginal
  - 13-14 double tipped vaginal
  - 15-16 double tipped vaginal
  - 17 single tipped cervical
  - 18 single tipped cervical
  - 19-20 double tipped rectal

## Pre-processing Kit Contents

**Cytokine buffer:** 250 ul 100 mM Tris-HCL pH 7.5



**Lipid buffer:** 500 ul 0.01% Butyl Hydroxy Toluene /PBS



**RNA buffer:** 500 ul RNA



**Culture media:** 1 ml BHS supplemented with 1% yeast extract, 2% gelatin, 0.1% starch and 1% glucose



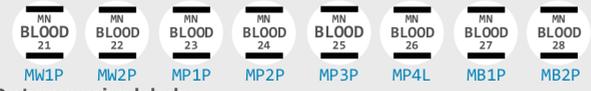
**DNA:** 750 ul Powersoil Bead Solution



**Extra:** 500 ul 100 mM Tris-HCL pH 7.5



**Blood vials:** 1 clear bag with 4 empty tubes for blood processing.

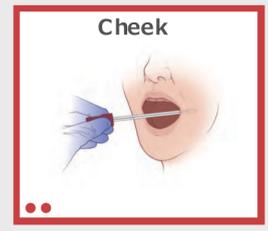


**Post-processing labels**  
**Blue sample collection bag**  
**Red biohazard bag**

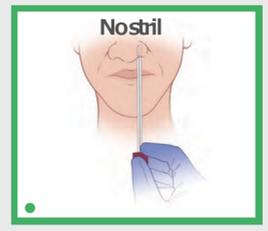
**MN = Mom New OB**

**TUBES IN CARDBOARD BOX**

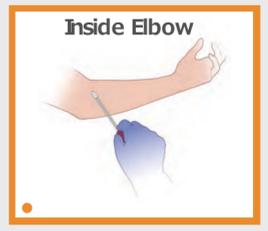
# New OB visit: Sampling instructions



- Spin swab for 5 sec.



- Dip swab in saline.
- Insert 1/2" in left nostril.
- Spin swab for 5 sec.



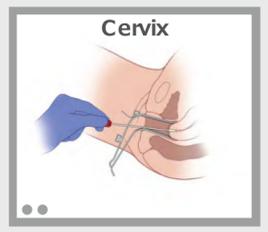
- Dip swab in saline.
- Press on inside elbow.
- Spin swab for 5 sec.



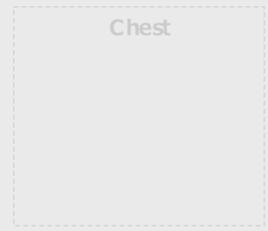
- \*\*No Speculum\*\***
- Insert swab 2" into vagina.
  - Press against vaginal wall.
  - Rotate swab for 5 sec.



- Insert swab 1" into rectum.
- Rotate swab.



- \*\*Speculum\*\***
- Insert single tipped swab into the endocervix to the depth of 1/2 the swab tip.
  - Rotate swab for 10 sec.



Vaginal pH

Blood

## Multi-Omics Microbiome Study: Pregnancy Initiative (MOMS-PI)

### Vaginal Cytokine Analysis Protocol

#### Materials:

- BIO-RAD Bio-Plex Pro™ Human Cytokine 27-Plex Assay, cat. no. M50-0KCAF0Y
- BIO-RAD Bio-Plex Pro Wash Station
- BIO-RAD Bio-Plex MAGPIX or Luminex MAGPIX System
- BIO-RAD Quick Start Bradford Protein Assay Kit 1, cat. no. 500-0201EDU
- Synergy HT Biotek Microplate Reader
- Vaginal swab samples suspended in 500 $\mu$ l 100 mM Tris pH 7.5 and frozen at -80°C until use

#### Methods:

##### A. Cytokine Assay.

1. Thaw samples on ice and centrifuge at 10,000 g for 10 min at 4°C prior to use
2. Prepare sample dilutions (1:4 in 100 mM Tris pH 7.5)
3. Reconstitute each standard in 500 $\mu$ l standard diluent
4. Prepare serial dilutions of standards, as recommended by the manufacturer
5. Vortex 10x magnetic beads for 30 sec, then dilute to 1x in assay buffer
6. Vortex diluted beads for 20 sec. Add 50 $\mu$ l to each well of assay plate
7. Wash plate with 100 $\mu$ l wash buffer 2 times
8. Add 50 $\mu$ l of each standard or sample in duplicate to assay plate
9. Cover with plate seal and wrap with aluminum foil. Shake on orbital shaker (850  $\pm$  50 rpm) at room temperature for 30 min
10. With 10 min left in incubation, vortex 10x detection antibodies, then dilute to 1x in antibody diluent
11. Wash plate 3 times with 100 $\mu$ l wash buffer
12. Vortex diluted antibodies and add 25 $\mu$ l to each well
13. Repeat step 9. Incubate on shaker for 30 min
14. With 10 min left in incubation, vortex 100x streptavidin-PE, then dilute to 1x in assay buffer
15. Wash plate with 100 $\mu$ l wash buffer 3 times
16. Vortex 1x streptavidin-PE and add 50 $\mu$ l to each well
17. Repeat step 9. Incubate on shaker for 10 min
18. Wash plate with 100 $\mu$ l wash buffer 3 times
19. Add 125 $\mu$ l assay buffer to each well. Seal and cover, then shake for 30 sec
20. Read plate with default Bio-Plex MAGPIX settings
21. Analyze values using the five parameter logistic (5-PL) non-linear regression curve model. Apply the same acceptable recovery range to all assays (suggested range: 70-130%)

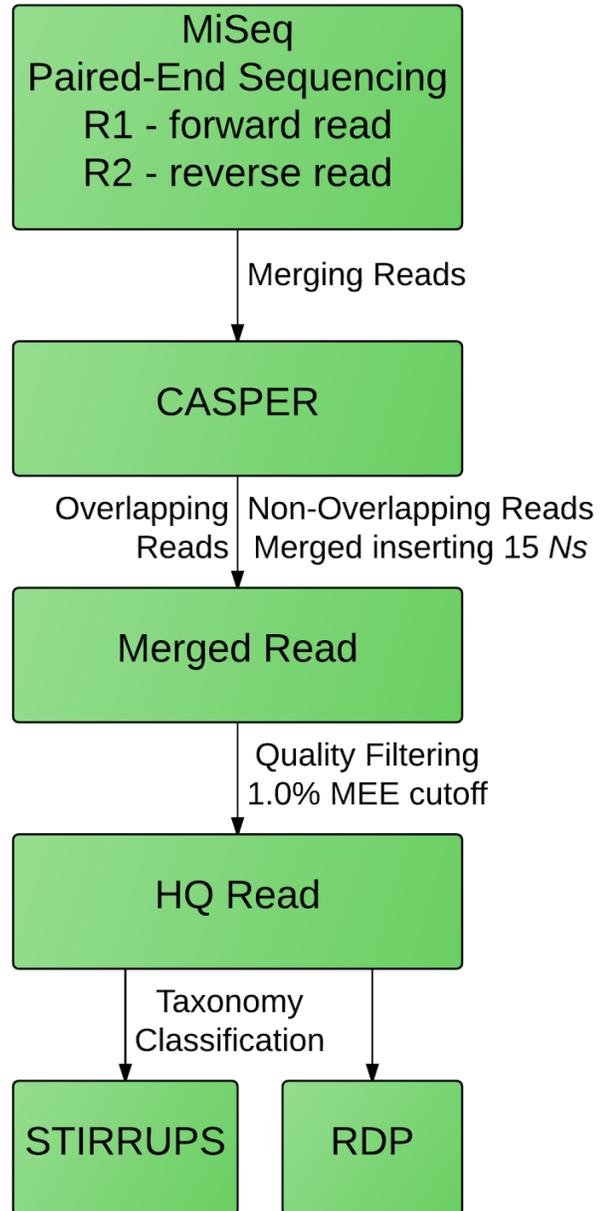
##### B. Bradford Assay.

1. Reconstitute BSA standard with 20 ml of H<sub>2</sub>O for a final concentration of 1.418 mg/ml. Freeze 500  $\mu$ l aliquots at -20°C
2. Dilute dye 1:5 in H<sub>2</sub>O and filter
3. Prepare 2-fold serial dilutions of standard for the standard curve to obtain the following final concentrations: 0.5, 0.25, 0.125, 0.0625, and 0.03125 mg/ml
4. Add 10  $\mu$ l of each undiluted sample or standard in duplicate to the assay plate
5. Add 200  $\mu$ l of diluted dye to each well of the plate
6. Shake for 5 min
7. Read absorbance at 595 nm with Synergy HT Biotek Microplate Reader
8. Calculate total protein concentration: fit standard curve to sample absorbance values using linear regression. For this data set, the linear regression analysis was performed using the KC4™ data reduction software that is bundled with the plate reader

The total protein concentration of each sample is used to normalize the cytokine concentration:

$$\text{Normalized Cytokine Concentration (pg cytokine/mg protein)} = \frac{\text{Cytokine Concentration (pg/ml)}}{\text{Total Protein Concentration (mg/ml)}}$$

## Microbiome 16S rDNA Data Analysis Protocol for Vaginal Samples



### A. CASPER. Context aware scheme for paired-end reads.

A *k*-mer based approach to merge overlapping paired-end reads

Input parameters –

Parameter	Description	Value Used
K	k-mer size (minimum size of k-mer in bp used to represent contexts around mismatching bases)	19
$\Omega$	Minimum overlap length (minimum length in bp of the overlap between forward and reverse reads)	10
$\Upsilon$	Mismatch ratio (CASPER abandons merging if the mismatch ratio in the overlap is greater than $\Upsilon$ )	0.27
$\delta$	Quality-score difference threshold (Context-based mismatch resolution starts if quality scores differ less than $\delta$ )	19

Ref - <http://www.biomedcentral.com/1471-2105/15/S9/S10/>

### B. Quality Filtering. Filtering based on MEE (maximum expected error, not Q-score)

Traditionally, read quality filters use average-Q score. This is not an accurate measure of number of errors predicted by individual Q-scores

Example –

Two reads of length 150nt

Q scores in read	Avg. Q	Expected number of errors
140 x Q35 + 10 x Q2	33	6.4 !
150 x Q25	25	0.5

Read1 has a higher average Q-score. However, with 10 Q2 (P=0.5) bases, the maximum expected error in the read is at least 5 bases. This is much greater than that in Read2, in spite of a lower average Q-score.

Further reading - <http://www.drive5.com/usearch/manual/>

*Filtering criteria used –*

**MEE threshold – 1% of read length**, i.e. for a 500bp long read, the MEE cutoff for a high-quality read will be 5.

## **C. Classifiers.**

### **C.1. STIRRUPS.**

All high-quality reads, both overlapping and non-overlapping, are used as input into the STIRRUPS pipeline.

Ref - <http://www.biomedcentral.com/1471-2164/13/S8/S17>

### **C.2. RDP Classifier.**

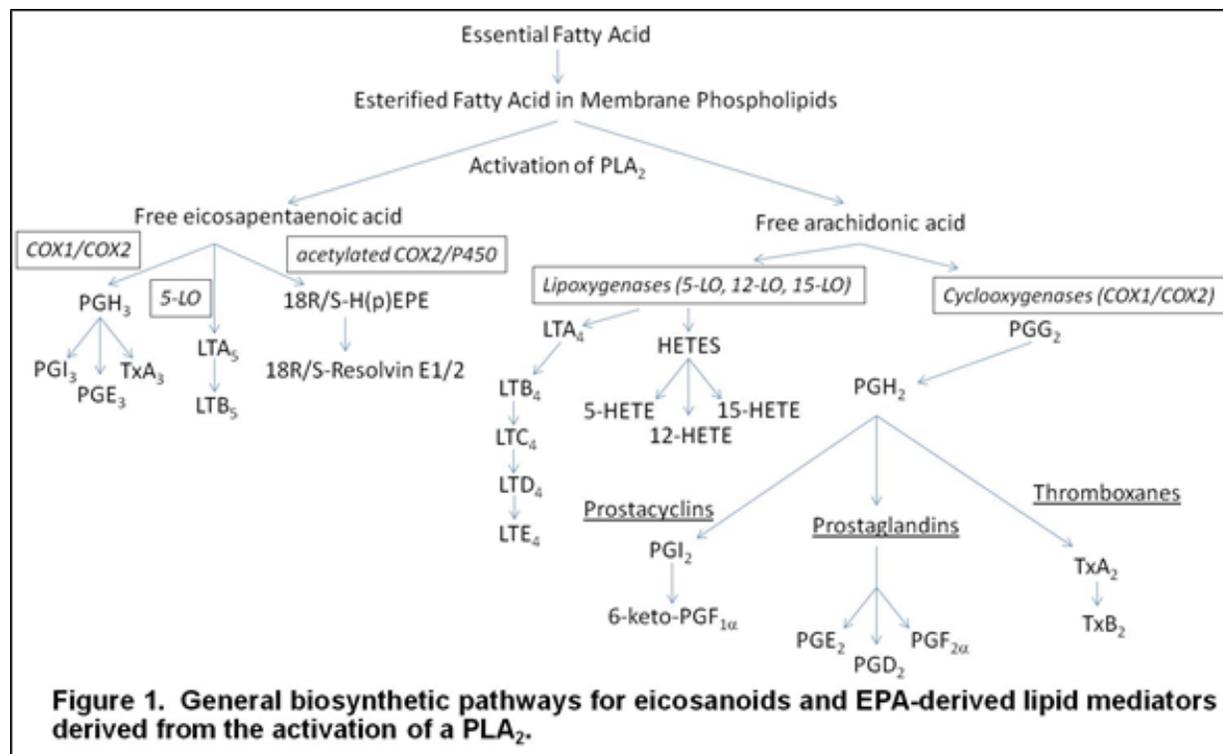
All high-quality reads, both overlapping and non-overlapping, are used as input for RDP Classifier – a Bayesian classifier for taxonomic profiling for rRNA sequence data

RDP profiles – assignment confidence cutoff – 0.8

Ref - <https://github.com/rdpstaff/classifier>

## MOMS-PI Lipid Analysis Protocol for Vaginal Samples

Targeted lipidomic analysis was undertaken for each patient sample with each sample being investigated for changes in >150 lipids. These lipids consisted primarily of eicosanoids and sphingolipids. In this regards, UPLC ESI-MS/MS was utilized in the data acquisition. The exact analytical methods are detailed below.



### A. Quantitative analysis of eicosanoids.

To 50 µl of a clarified vaginal swab contents dispersed in PBS, 50µl ethanol was added containing 10 ng each of the following internal standards. The specific internal standards consisted of 30 deuterated analytes including, (*d*<sub>4</sub>) 6-keto PGF<sub>1α</sub>, (*d*<sub>4</sub>) PGF<sub>2α</sub>, (*d*<sub>4</sub>) PGE<sub>2</sub>, (*d*<sub>4</sub>) PGD<sub>2</sub>, (*d*<sub>4</sub>) LTB<sub>4</sub>, (*d*<sub>4</sub>) TXB<sub>2</sub>, (*d*<sub>4</sub>) LTC<sub>4</sub>, (*d*<sub>5</sub>) LTD<sub>4</sub>, (*d*<sub>5</sub>) LTE<sub>4</sub>, (*d*<sub>8</sub>) 5-hydroxyeicosatetraenoic acid (5-HETE), (*d*<sub>8</sub>) 15-hydroxyeicosatetraenoic acid (15-HETE), (*d*<sub>8</sub>) 14,15 epoxyeicosatrienoic acid, (*d*<sub>8</sub>) arachidonic acid, and (*d*<sub>5</sub>) eicosapentaenoic acid. The resultant mixture was centrifuged at 12,000 x g for 20 minutes and the supernatant was transferred into a 100 µl autosampler vial. Eicosanoid quantitation was carried out via UPLC ESI-MS/MS analysis. A 14 minute reversed-

phase LC method utilizing a Kinetex C18 column (100 x 2.1mm, 1.7 $\mu$ m) and a Shimadzu Nexera UPLC was used to separate the eicosanoids at a flow rate of 500  $\mu$ L/min at 50°C. The column was first equilibrated with 100% Solvent A [acetonitrile:water:formic acid (20:80:0.02, v/v/v)] for two minutes and then 10  $\mu$ L of sample was injected. 100% Solvent A was used for the first two minutes of elution. Solvent B [acetonitrile:isopropanol (20:80, v/v)] was increased in a linear gradient to 25% Solvent B to 3 minutes, to 30% by 6 minutes, to 55% by 6.1 minutes, to 70% by 10 minutes, and to 100% by 10.1 minutes. 100% Solvent B was held until 13 minutes, then was decreased to 0% by 13.1 minutes and held at 0% until 14 minutes. The eluting eicosanoids were analyzed using a hybrid triple quadrupole linear ion trap mass analyzer (AB SCIEX 6500 QTRAP<sup>®</sup>,) via multiple-reaction monitoring (MRM) in negative-ionization mode. Eicosanoids were monitored using species specific precursor  $\rightarrow$  product MRM pairs. The mass spectrometer parameters used were: curtain gas: 30; CAD: High; ion spray voltage: -3500V; temperature: 500°C; Gas 1: 40; Gas 2: 60; declustering potential, collision energy, and cell exit potential were optimized per transition.

## **B. Quantitative analysis of Sphingolipids.**

To 50  $\mu$ L of a clarified vaginal swab contents dispersed in PBS, 50 $\mu$ L methanol was added containing 50 pmols of each of the following internal standards. The specific internal standards consisted of d<sub>17</sub> sphingosine, sphinganine, sphingosine-1-phosphate, sphinganine-1-phosphate and d<sub>18:1/12:0</sub> ceramide-1-phosphate, sphingomyelin, ceramide, and monohexosylceramide (Avanti). The mixture was vortexed and then centrifuged at 12,000 x g for 20 minutes. The resultant supernatant was transferred into a 100  $\mu$ L autosampler vial. The mixture thus obtained was used in the analysis of sphingolipids. The lipids were separated using a Kinetix C18 column (50 x 2.1 mm, 2.6 $\mu$ ) (Phenomenex) on a Prominence high performance liquid chromatography system (Shimadzu) and eluted using a linear gradient (solvent A, 58:41:1 CH<sub>3</sub>OH/water/HCOOH 5 mM ammonium formate; solvent B, 99:1 CH<sub>3</sub>OH/HCOOH 5 mM ammonium formate, 20–

100% B in 3.5 min and at 100% B for 4.5 min at a flow rate of 0.4 ml/min at 60 °C). The eluting sphingolipids were analyzed using a hybrid triple quadrupole linear ion trap mass analyzer (AB SCIEX 6500 QTRAP®) via multiple-reaction monitoring (MRM) in positive-ionization mode.

### **C. Data Analysis.**

All mass spectrometry data were analyzed using MultiQuant software (AB SCIEX) and quantitation was carried out via comparison against known quantities of internal standards and a 7-point dilution curve.